

James S. Gordon, MD, is the Board Chair for Exponents and the Founder and Director of The Center for Mind-Body Medicine.

Dr. Gordon has devoted over 40 years to the exploration and practice of mind-body medicine. After graduating Harvard Medical School, he was for 10 years a research psychiatrist at the National Institute of Mental Health. There he developed the first national program for runaway and homeless youth, edited the first comprehensive studies of alternative and holistic medicine and directed the Special Study on Alternative Services for President Carter's Commission on Mental Health.

Dr. Gordon has created groundbreaking programs of comprehensive mind-body healing for

physicians, medical students, and other health professionals; for people with cancer, depression and other chronic illnesses; and for traumatized children and families in Bosnia, Kosovo, Israel and Gaza, in post-9/11 New York and post-Katrina southern Louisiana, and for U.S Military returning from Iraq and Afghanistan. He recently served as Chairman of the White House Commission on Complementary and Alternative Medicine Policy, and was the first Chair of the Program Advisory Council of the National Institutes of Health's Office of Alternative Medicine.

In addition to Dr. Gordon's extensive career in the medical field, he became only the second board chair of Exponents after the

passing of our beloved Chairwoman, Judy Loeb Chiara in 2010. Already a faithful board member and an early attendee of ARRIVE sessions during the humble days in the church basement.

Dr. Gordon says he got involved with Exponents because he was "touched, inspired and believed in the participants' confidence and faith in their ability to help themselves [heal] with the Exponents support system".

In fact, Dr. Gordon believes Exponents mission aligns with his work at the Center for Mind-Body Medicine in that they both build communities of healing and as Chairman of the Board, he sees his role as an advisor to the leadership team and most of all a cheerleader for the important work we do. As someone who knows the organization's history since day 1, he shares

his experience and appreciation for Exponents' important work with the community and government.

When asked what he thinks Exponents is most successful at, Dr. Gordon says:

"The spirit of the place."

"Creating a sense of respect, hope, and transformation."

"How people show up and keep on showing up."

"Meeting people where they're at."



Dr. James S. Gordon, M.D.
Founder & Executive Director
The Center for Mind-Body
Medicine

And the Award Goes To...

8th ANNUAL 2020 LEADING WOMEN'S SOCIETY AWARDS

On Friday, October 20, 2017 Sister Love, Inc. honored the eighth class of the 2020 women at their **8th Annual 2020 Leading Women's Society Awards and Leadership Institute**. The 2020 Leading Women's Society (LWS) is a mentoring and leadership program that provides resources, training, treatment education, and development activities to increase the leadership capacity of HIV positive women who are engaged in representing their communities through education, peer support, policy and community advocacy. For the last 8 years, Sister Love has honored 20 HIV positive women from around the country who have been living positive for 20 years or more.

This year at the Awards Ceremony, LWS honored Exponents' Director of Health Services, Dana Diamond. This community oriented honors ceremony celebrates the notion that these women possess the hindsight and foresight to help to eradicate the HIV/AIDS pandemic through their outstanding women and their dedication. This red-carpet Gala Event affords these awesome women the opportunity to be honored for their leadership and the community a chance to learn more about HIV/AIDS and the specific affects on women of color.



Dressing for Success!

In honor of National Recovery Month, Exponents Center and the Jewish Board's JACS program, hosted "Clothes for Careers: Professional outfits for People in Recovery," on Sunday, September 10, 2017 from the hours of 11 am to 4:30 pm. Approximately 200 attendees were outfitted. Both men and women received suits, accessories, and other business attire from the generous donations given by our Exponents family and sponsoring organization, The Men's Wearhouse.



Recovery Month Celebration

Dana Diamond, Director of Health Services and Juan Jordan, Director of Recovery Support Services shared their experience, strength and hope. Participants, from various programs at Exponents, shared poetry, songs, spoken word, artwork in our Recovery Month event on September 22, 2017 called "Our Spoken Word".



It's Fundraising Season! Exponents' At the DL!



We kicked off our end-of-year giving campaign with our first fundraiser at The DL on the Lower East Side. The Board of Directors, Exponents staff, and our strongest supporters, worked together to raise funds for our lifesaving drug treatment programs. A special shout out to the Host Committee, Board Members – Barbara Brown and Michael Robinson – for inspiring others to support our work!



OUR MISSION

We are a nonprofit organization located in the heart of New York City compassionately dedicated to serving those impacted by HIV/AIDS, substance use, incarceration and behavioral health challenges. We deliver these services through a client-centered, strength-based approach which greatly improves health outcomes and promotes overall wellness in our communities.

**To Our Generous
Supporters**

**Thank you for helping us
bring hope to those in need.
Because of you our work
will continue.**

Halloween Madness!



Boo!



Exponents' Halloween Fun

We take our work seriously
and ourselves lightly!!!

Creepy

From the Exponents family to yours

Season's Greetings

*Best wishes for a happy holiday season
and our sincere thanks for your support
and goodwill throughout the year.*