EXPONENTS
Improving Health. Igniting Hope.

CAREER TRAINING PATHWAYS - A Blended Approach: SNAPSHOT OF SERVICES

We provide training within two career modalities related to recovery from substance use disorders (SUD) and/or other addictive behaviors. The CASAC modality is a **clinical** role (following the OASAS Scopes of practice/Career Ladder) whereas the RECOVERY COACH modality is a **non-clinical** role in peer support services.

PROFESSIONAL TRAININGS

CASAC (350-Hour Course): Students who complete our program will have satisfied the NY State OASAS 350 hours of CASAC educational requirements and will receive a certificate of completion. Students with a High School Diploma or G.E.D. who complete our program are immediately eligible to apply for the Credentialed Alcohol and Substance Abuse Counseling Trainee certificate (CASAC-T) issued by NY State OASAS. Once this CASAC-T certificate is issued individuals are immediately eligible to take the IC&RC CASAC exam and begin completing the additional NY State OASAS requirements necessary to become a CASAC (Level 1). Individuals who complete the CASAC training program at Exponents are eligible to receive college credit to apply toward an undergraduate degree at SUNY Empire State College.

Recovery Coach Academy (30-Hour Course): Exponents is certified to provide training necessary to receive the Connecticut Community for Addiction Recovery (CCAR) Recovery Coach Academy (RCA) certificate. The CCAR RCA is a 5-day training designed to give training participants the knowledge, skills, and experiences to become personal guide/mentor for individuals seeking recovery or who are already in recovery.

Recovery Coach Training of Trainers (TOT): We offer additional certification for students who want to become a certified trainer of the Connecticut Community for Addiction Recovery (CCAR) Recovery Coach Academy (RCA) curriculum by completing the 12-Hour CCAR RCA Training of Trainers (TOT) course.

IC&RC CASAC Test Preparation Class: This program is for individuals planning to take the IC&RC exam for the CASAC in New York State. You'll participate in a comprehensive workshop that will prepare you for the examination. This class is free to graduates of the Exponents CASAC course.

IC&RC CRPA Test Preparation This training program will prepare participants to take the IC&RC CRPA certification exam in New York State. You'll participate in a comprehensive workshop that will prepare you for the CRPA examination.

Peer Supervision Training (Best Practices for Supervisors within the Recovery Oriented Services of Care): This course provides individuals in supervisory roles with the opportunity to explore methodologies to best utilize peer supervision competencies and supervision standards for the peers they supervise.

Mental Health First Aid: This training is for individuals and agencies engaged in recovery services. This training will satisfy the 8-hour requirement of the Certified Addictions Recovery Coach (CARC)

Trauma Informed Care: Trauma Informed Care offers a thorough understanding of the neurological, biological, psychological, and social effects of trauma experienced in individuals who seek and receive mental health services.

Peer Ethical Standards: This two-day, 16-hour workshop presents a comprehensive introduction to the ethical considerations for a recovery coach/peer support/advocate (CRPA, CARC). It is a requirement and has been approved for these NYS Certifications.

MATS/MARS: This training is for individuals engaged in recovery services. This training will satisfy the 7-hour requirement of the Certified Addictions Recovery Coach (CARC) and Certified Recovery Peer Advocate (CRPA)

Motivational Interviewing: Motivational Interviewing (MI) is a "collaborative conversation style for strengthening a person's own motivation and commitment to change." This evidence-based approach is valuable in helping build knowledge, skills, and confidence for all people working in health and human services.