

December 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Just for Today 12:00 – 1:00pm Break 1:00 – 2:15pm Recovery Group Honesty 2:15 – 3:15pm Open Discussion	2. 10:00 – 10:30am Morning Chat Daily Reflections 10:30am – 12:00pm 12:00 – 1:00pm Break 1:00 – 2:15pm Life Skills 2:15 – 3:15pm Support Group 3:30p – Computer Lab	3. Virtual Group Via Zoom 12:00p - 1:00p Daily Reflection 5:00 – 6:00pm Open Discussion Group
5. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Daily Reflections 12:00 – 1:00pm Break 1:00 – 2:15pm Peer Leadership 2:30 – 3:30pm Health & Wellness 3:30p – Computer Lab	6. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Just for Today 12:00 – 1:00pm Break 1:00 – 2:15pm Recovery Group A List of Blessings 2:30 – 3:30pm Support Group 3:30p – Computer Lab	7. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Skill Building 12:00 – 1:00pm Break 1:00 – 2:15pm Vision Team Meeting 2:30 – 3:30 Recovery Group Conflict Resolution 3:30p – Computer Lab	8. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Daily Reflections 12:15 – 1:15pm Recovery Group Why we Here? 1:30 – 2:45pm Support Group	9. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Just for Today 12:00 – 1:00pm Break 1:00 – 2:30 Men's and Woman's Group 2:30 – 3:30pm Support Group 3:30p – Computer Lab	10. Virtual Group Via Zoom 12:00p - 1:00p Meditation of the Day 5:00 – 6:00pm Open Discussion Group
12. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Daily Reflections 12:00 – 1:00pm Break 1:00 – 2:15pm Peer Leadership 2:30 – 3:30pm Health & Wellness 3:30p – Computer Lab	13. 10:00 – 10:30am Morning Chat 10:30am – 4:00pm Bowling Trip 461 37 th Street Brooklyn NY	14. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Smoking Cessation 12:00 – 1:00pm Break 1:00 – 2:15pm Peer Leadership Recovery Stages 3:30 pm Trip to the Rockefeller Center	15. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Daily Reflections 12:15 – 1:15pm Recovery Group Priorities 1:30 – 2:45pm Open Discussion	16. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Just for Today 12:00 – 1:00pm Break 1:00 – 2:00 Open Discussion Group 2:015 – 3:30:pm Support Group 3:30p – Computer Lab	17. Virtual Group Via Zoom 12:00p - 1:00p Just for Today 5:00 – 6:00pm Open Discussion Group

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Daily Reflections 12:00 – 1:00pm Break 1:00 – 2:15pm Peer Leadership 2:30 – 3:30pm Health & Wellness 3:30p – Computer Lab	20. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Daily Reflections 12:00 – 1:00pm Break 1:00 – 2:15pm Recovery Group A List of Blessings 2:30 – 3:30pm Support Group 3:30p – Computer Lab	21. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Skill Building 1:00 – 4:00pm RWC Christmas Party	22. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Just for Today 12:00 – 1:00pm Break 1:00 – 2:15pm Recovery Group 12 Step Fellowship 2:15 – 3:15pm Open Discussion	23. 10:00 – 10:30am Morning Chat Daily Reflections 10:30am – 12:00pm 12:00 – 1:00pm Break 1:00 – 2:15pm Life Skills 2:30 – 3:30pm Support Group 3:30p – Computer Lab	24. Virtual Group Via Zoom 12:00p - 1:00p Meditation of the Day
26. Closed Merry Christmas	27. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Daily Reflections 12:00 – 1:00pm Break 1:00 – 2:15pm Support Group 2:30 – 3:30pm Recovery Group Foundation 3:30p – Computer Lab	28. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Skill Building 12:00 – 1:00pm Break 1:00 – 2:15pm Smoking Cessation 2:30 – 3:30 Open Discussion 3:30p – Computer Lab	29. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Daily Reflections 12:15 – 1:15pm Recovery Group What is A.A. 1:30 – 2:45pm Support Group	30. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Just for Today 12:00 – 1:00pm Break 1:00 – 2:00 Open Discussion Group 2:015 – 3:30:pm Support Group 3:30p – Computer Lab	31. Virtual Group Via Zoom 12:00p - 1:00p Just for Today



- One on One Recovery Coaching Also Available!
- For more information you can call: 212 -243 - 3434 ext. 425 or You can also follow us on Facebook & Twitter.
- If you want to talk someone about any challenges related to Drugs or Alcohol give us a call at 917-681-8531 confidential discreet 24hrs/7 days a week.
- Virtual Groups via Zoom on Thursday 10:00am – 4:00pm and Saturdays 12:00pm & 5:00pm. (more information calls 917-681-8531)

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