

June, 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Recovery Group (Gratitude) 1:00 – 2:15pm Juneteenth Preparations 2:30 – 3:30pm Support group 3:30p – Computer Lab	3. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Creating Writing 1:00 – 2:15pm Recovery Group (Discipline) 2:30 – 3:30pm Support Group 3:30p – Computer Lab	4. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Opioids & Stigma 1:00 – 2:15pm Moral Reconation Therapy 2:30 – 3:30pm Support Group 3:30p – Computer Lab	5. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Health & Wellness Walk 1:00 – 2:15pm Peer Support Group 2:30 – 3:30pm Support Group 3:30p – Computer Lab	6. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Computer Skill Class 1:00 – 2:00pm Problem Gambling 2:00 – 3:00pm Recovery Group (Just for Today)	7. 10:00am – 1:00pm Bklyn Community Board 9 Annual Community Fair 890 Nostrand Ave. Bklyn NY
9. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Recovery Group (Balance in Life) 1:00 – 2:15pm Recovery Group (Tolerance) 2:30 – 3:30pm Support group 3:30p – Computer Lab	10. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Employment Session (Preparation for Job) 1:00 – 2:15pm Recovery Group (Purpose) 3:00 – 9:00pm New York Mets Baseball Game	11. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Recovery Group (Support) 1:00 – 2:15pm Moral Reconation Therapy 2:30 – 3:30pm Support Group 3:30p – Computer Lab	12. 10:00 – 10:30am Morning Chat 10:30am – 3:00pm Father's Day Celebration Event	13. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Computer Skill Class 1:00 – 2:00pm Recovery Group (Just for Today) 2:00 – 3:00pm Support group	14.
16. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Health & Wellness Walk 1:00 – 2:15pm Juneteenth Preparations 2:30 – 3:30pm Support group 3:30p – Computer Lab	17. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Creating Writing 1:00 – 2:15pm Recovery Group (Success) 3:00 – 5:00pm ARRIVE Graduation	18. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm The Risk of Fentanyl 1:00 – 3:00pm Juneteenth Celebration 3:30p – Computer Lab	19. Agency Closed Juneteenth	20. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Computer Skill Class 1:00 – 2:00pm Problem Gambling 2:00 – 3:00pm Recovery Group (Just for Today)	21.



Improving health. Igniting hope.

Judith Loeb Chiara
Recovery & Wellness Center

June, 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Recovery Group (Trust) 1:00 – 2:15pm Recovery Group (Awareness) 2:30 – 3:30pm Support group 3:30p – Computer Lab	24. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Creating Writing 1:00 – 2:15pm Recovery Group (Recreation) 2:30 – 3:30pm Support Group 3:30p – Computer Lab	25. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Recovery Group (Motivation) 1:00 – 2:15pm Moral Reconation Therapy 2:30 – 3:30pm Support Group 3:30p – Computer Lab	26. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Health & Wellness Walk 1:00 – 2:15pm Peer Support Group 2:30 – 3:30pm Support Group 3:30p – Computer Lab	27. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Computer Skill Class 1:00 – 2:00pm Recovery Group (Just for Today) 2:30 – 3:00pm Support group	28.
30. 10:00 – 10:30am Morning Chat 10:30am – 12:00pm Recovery Group (Love) 1:00 – 2:15pm Recovery Group (Structure) 2:30 – 3:30pm Support group 3:30p – Computer Lab					Exponents Recovery & Wellness Center Monday - Thursday 9am – 5pm Summer Hours Fridays (9am – 3pm)



- One on One Recovery Coaching Also Available!
- For more information you can call: 212 -243 - 3434 ext. 425 or You can also follow us on Facebook & Twitter.
- If you want to talk someone about any challenges related to Drugs or Alcohol give us a call at 917-681-8531 confidential discreet 24hrs/7 days a week.
- RWC@exponents.org | 17 Battery Place, 8th floor, NY, NY 10004 | 212- 243 - 3434 ext.425